



Teens & Adults “What should I wear to my Dance Sensation class?”

Footwear:

<ul style="list-style-type: none"> ● Tap 	Black tap shoes (laced or buckled) 
<ul style="list-style-type: none"> ● Funky Jazz/Hip Hop 	Black jazz shoes /black dance sneakers 
<ul style="list-style-type: none"> ● Boys Breakdance/Hip Hop ● Performance Groups 	Black dance sneakers 
<ul style="list-style-type: none"> ● Ballet 	Split sole ballet shoes preferred 
<ul style="list-style-type: none"> ● Contemporary/Lyrical ● Acro Dance 	Foot thongs 

Clothing: Anything that you feel comfortable dancing in! Here are some suggestions...

Female

- Top - Either leotard, snug fitting singlet or t-shirt
- *Check out our Dance Sensation T-shirts & singlets for sale at Reception
- Bottom - either bike shorts, short dance skirt, tights of any length, shorts or dance pants
- Avoid clothing that is too restrictive or overly baggy
- Acrodance – please wear a leotard and secure long hair in a bun/ponytail

Male

- Top - Either Singlet or T-shirt
- *Check out our Dance Sensation T-shirts & singlets for sale at Reception
- Bottom - shorts or bike shorts (elastic waste only, avoid button or zipper fly)
- Avoid clothing that is too restrictive or overly baggy